Potty Training your PUPPY

The ultimate guide to say good bye to unpleasant smells, wet socks, and surprise turds.



Important things to note before you begin:

- Your puppy cannot possibly know to only pee outside or on a potty mat. This is a skill that has to be taught to him by you.
- Keep in mind, he is very young and is only capable of learning and understanding so much, so let the process take time. How long? Some dogs take longer than others to master this. Expect the process to take weeks/months.
- Your puppy is a member of a different species, unfamiliar with the concept of potty training. His ancestors, the wolves will not pee or poo in the den or close by, but other than that, the world is their toilet. This is why your puppy doesn't want to pee or poo inside the crate, or in your arms, but other than that, the house is free game. (More on this later)
- Dog's do not have the concept of right or wrong and they are not spiteful. No, your puppy didn't pee in the kitchen on purpose. No, your puppy didn't poo in the living room to spite you.
- At a young age, your puppy doesn't have "accidents". It is not your puppy's fault that they peed on the floor, it is your fault. At this stage in the game, where your pup pees and poos is 100% your responsibility. Just like a young child cannot be expected to go to the toilet on their own. Her parents keep a diaper on her and at a certain age, they place her on the potty to give her the opportunity to go.

The #1 Mistake

The numero uno mistake that puppy owners make is giving the puppy way too much space/freedom way too soon.

Sleep Zset-up

Your puppy in a **crate** to sleep the night.
Your pup should be able to move around a
bit, but he shouldn't feel like he has enough
room to sleep on one end of the crate and
potty on the other.

Every **3-4 hours**, wake up to take the puppy out to pee. No extra fuss, pets or cuddles. Just out to pee, a treat and praise, and back in the crate.



irst thing in the morning, take your puppy out to pee. Once your puppy has had a pee, set a timer. Through out the day, you'll always have timer running. ALWAYS!

8-10 weeks: 60 minutes

10-12 weeks: 90 minutes

12+ weeks: 120 minutes

Reset the timer after a pee or poo, not after you come in the house.





fter a pee AND a poop, your puppy may have some freedom to roam around the house or room, while you keep a close eye. After about 15-30 (agedependant) minutes of exploring/play time, restrict the puppy's freedom again in anticipation of the timer ringing. If you aren't 100% certain that the puppy has completed both of his bodily functions, don't risk giving this freedom.

ther than those few minutes of freedom under close supervision, your puppy's freedom will be restricted. At all times, he is either:

- 1) in his crate
- 2) on a **leash** less than 5 feet away from you while you watch him like a hawk
- 3) **confined** in a little playpen covered with potty mats, where he is allowed to go.

That's it. There's zero wiggle room here, if you want this to be a raving success.



B e sure to have treats in your pocket, near the door to go out, or by your leash. You must have treats for the stage of the process. The perfect time to give the treat to your puppy is when he is just lifting his bum, having completed his mission.



his is it! This is the moment! It's potty time!

Potty prime times are as follows:

- -first thing in the morning
- -last thing before bed
- -after a nap
- -after a meal
- -when the timer rings!

Potty time steps:

Step one: Put the leash on the pup and take him outside, even if you have to carry him. Don't dilly dally. Bring the very best treats with you.

Step two: Put him on the ground in the yard. Have an area in your mind marked out, about 10 feet by 10 feet as where you want him to go. Use the leash to gently keep him in that area rather than letting him wander all over the place. Stay calm, breathe, listen to the birds, but keep an eye on the pup.

Step three: There are two options here:

Option 1: the puppy pees and/or poops successfully!

Step four: Give the puppy the treat, just as their bum is lifting from the squat. Make sure you tell him how good he is and feel genuine pride in his accomplishment.

Step five: Either let the pup off the leash to play in the yard, or bring the puppy inside for some free time. SET A TIMER!

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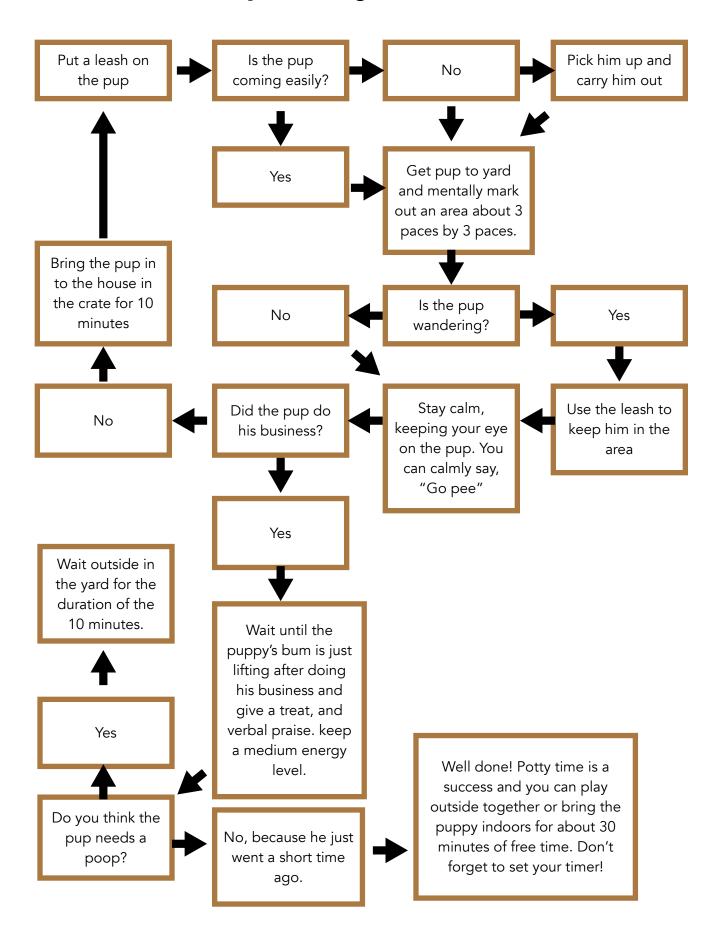
Option 2: the puppy doesn't pee.

Step four: Very calmly **w**ait about 10 minutes for the pup to pee.

Step five: If they don't pee, bring the pup back inside into a crate, in a pen covered in potty mats, or on a leash at your feet. Watch the pup like a hawk.

Step six: After 10 minutes, bring the pup back outside to try again.
Repeat as necessary.

Potty Training Flowchart



FAQ



Remember, the puppy doesn't want to pee where they sleep, and instinctually, this range grows, but not too fast. As the pup matures, gradually give access to one room at a time, obviously starting with the room where the crate is located (hopefully this room has a door to the outside). If your pup doesn't catch on and starts using the far corner as a toilet, you've given the puppy to much space too soon, and you've maybe forgotten to set the timer!

- How long does this process take?

I wish I had an answer for you, as every dog is different, but the more consistent you are starting right from the beginning, the quicker this is going to go.

- How can I extend the time between potty breaks?

If the pup has been successful for a full 7 days without accidents, you can extend the time by 30 minutes. If you've had some accidents, go back to a successful timeframe as you're trying to rush it.

- How do I handle an accident in the house?

Don't punish the pup. Clean it up with an enzymatic cleaner. Ask yourself what you missed. And next time the pup successfully toilets outside, make sure that your are really lavishing the treats on. make it so much better to pee outside than inside!

Why does the puppy pee only after I bring it back inside?!

This is so common. And so frustrating. The usual culprit is that you are tense and vigilant with the puppy outside waiting for the pee, and then when you come in, you relax. And the pup pees. Instead be relaxed while you wait for the pup to pee outside, and if they don't and you bring them back in to wait, stay vigilant! Watch that pup like a hawk, carry them into the crate, whatever it takes to wait the 10 minutes until the next opportunity.

Top quick tips:

- Stay calm.
- Stay consistent.
- Go slow.
- If you're having accidents, ask yourself how you can break it down further for success, by shrinking the pups space, decreasing the length of time between.
- Give the pup the opportunity to go.
- Provide the best treats only for toileting outside.

Potty training is only the beginning of the journey with your puppy!

If you want to know how you can help your puppy grow into a calm, relaxed, happy dog who wants to listen to you and follow your lead, please contact me.

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